



## Maharaja Surajmal Institute

Affiliated to GGSIP University & NAAC 'A' grade accredited.  
Rated as Category 'A+' by SFRC & 'A' by JAC Govt. of NCT of Delhi  
Recognised U/s 2(f) of UGC Act

### Faculty Profile

**Dr. VIVEK SOLANKI**  
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### Career Objectives

*TO explore my skills in such an organization where these would contribute towards the growth of one organization and would further sharpen.*

### Academic Qualifications

- **Doctor of Philosophy (Ph.D)** from Maharishi Dayanand University, Rohtak, Haryana
- **Masters of Philosophy (Physical Education) M.Phil** from Annamalai University (2006-07)
- **Master of Physical Education (M.PEd)** from Delhi University (2004-06)
- **Masters of commerce (M.Com)** from Swami Vivekanand Subarti University, Directorate of Distance Education.
- **Bachelor of Physical Education (one year diploma) B.PEd** from Delhi University
- **Bachelors of commerce (B.Com)** from Delhi University (1999-2002)
- **Foundation Course in Yoga Science for Wellness (FCYScW)** from Morarji Desai National Institute of Yoga, Delhi, India from 1<sup>st</sup> August to 30<sup>th</sup> August 2018.

### Employment

- Working as **Assistant Professor (Physical Education)** in Maharaja Surajmal Group of Institutions from 02/02/2007 to till date.
- Worked as Fitness Trainer at Bristol Hotels (5 star), Gurugram, Haryana, India.

### Valuable Experience

- **Currently working as State coordinator for volleyball (Delhi) of School Sports Promotion Foundation.**
- **Working as Legal Coordinator for Masters Games Association (Delhi).**
- Worked as the member of **core team** for the organization of **37<sup>th</sup> Sub-Junior National Volleyball Championship** held at Karol Bagh, New Delhi, India from 26<sup>th</sup> to 31<sup>st</sup> Dec. 2014.
- Worked as the member of **core team** for the organization of **North-Zone Volleyball Men Inter University Championship** held at Guru Gobind Singh Indraprastha University, Dwarka, Delhi from 15/10/15 to 20/10/15.
- Appointed as examiner at Indira Gandhi Institute of Physical Education and Sports Sciences for 2018-19 session.
- Appointed as **Paper setter and examiner** for B.Sc (Sports) II Sem, Sports Anthropometry at Delhi Pharmaceutical Science & Research University in 2018.
- Appointed as **External Examiner for Practical Examination** for B.Ed Practical's by Guru Gobind Singh Indraprastha University.

### Workshops/FDP Attended

- Attended **One week online National Faculty Development Program** on “**Promoting Excellence in Physical Education and Sports through Innovation in Teaching and Learning, ICT & Professional Approach**” organized by Guru Angas Dev Teaching Learning Centre , SGTB Khalsa College, University of Delhi from 8<sup>th</sup> March to 22<sup>nd</sup> March 2021.
- Attended **Two week online Interdisciplinary Refresher course** on “**Blended Learning & Flipped Classroom**” organized by Teaching Learning Centre, Ramanujan College, University of Delhi from 27<sup>th</sup> May to 2<sup>nd</sup> June 2021.
- Attended **One week online National Faculty Development Program** on “**Contemporary Issues and Challenges in Management, Education & Information Technology**” organized by Maharaja Surajmal Institute from 5<sup>th</sup> Feb. to 9<sup>th</sup> Feb. 2021.
- Attended **One week Faculty Development Programme (FDP)** on “**Nai Talim, Experiential Learning and Work Education in School and Teacher Education Curriculum**” organized by Mahatma Gandhi National Council of Rural Education, MHRD from 13<sup>th</sup> Dec. to 19<sup>th</sup> Dec. 2018.
- Attended **UGC-Sponsored Short term Course/Workshop on Research Methodology at Human Resource Development Centre**, Guru Nanak Dev University, Amritsar, Punjab, India from 27/05/17 to 02/06/2017.
- Attended **One Week National Yoga Workshop Cum Training** organized by Department of Physical Education, Maharishi Dayanand University, Rohtak, Haryana from 15/06/17 to 21/06/17.
- Attended **one week National Workshop on Research Methodology, Applied Statistics and use of SPSS** organized by M.R.College of Education, Faridabad from 15/02/16 to 21/02/16.
- Attended workshop at 22<sup>nd</sup> **National conference** of sports psychology on 27<sup>th</sup> January 2012 organized by S.K.R. College of Physical Education, BhagoMajra, Kharar, SAS Nagar, Punjab.
- Attended workshop at 22<sup>nd</sup> **National conference** of sports psychology on 26<sup>th</sup> January 2012 organized by S.K.R. College of Physical Education, BhagoMajra, Kharar, SAS Nagar, Punjab.

#### Paper/Chapters Published

- Paper published in Elementary Education Online “ **Continuous and Intermittent Aerobic Training Repercussions on Psycho-Physiological Parameters in Adult Male**” ISSN:- 1305-3515, volume 19, Issue 2,pp-1353-1363, 2020 (Scopus Indexed)
- Paper published in Elementary Education Online “ **Perceptive of Indian Students on online learning in the wave of Global Pandemic-Covid 19**” ISSN:- 1305-3515, volume 19, Issue 2,pp-1364-1380, 2020 (Scopus Indexed)
- Paper published in International Journal of Physical Education, Sports and Health “ **The benefit of Yoga: A review**” ISSN:- 2394-1685, volume 6, Issue 4, 2019
- Paper published in International Journal of Physical Education, Sports and Health “ **Ramification of isochronal aerobic training on vital capacity,peak flow rate and body mass index**” ISSN:- 2394-1685, volume 6, Issue 1, 2019
- Paper published in European Journal of Physical Education and Sports Science “**Health Related Quality of Life: An analysis of collegiate sportsmen and non-sportsmen**” ISSN:- 2501-1235. Volume 4, Issue 9, 2018
- Paper published in International Journal of Physiology, Nutrition and Physical Education “**Motivational correlation among volleyball Players**” ISSN: - 2456-0057, Vol. 3, Issue 1, 2018.
- Paper published in International Journal of Physiology, Nutrition and Physical Education “**Potential contribution of Physical Education in achieving the aims of education**” ISSN: - 2456-0057. Volume 2017, Vol. 2 Issue 2, Part E, 2017.
- Paper published in AICPE Human Kinetics “**Gender Taboos and Barriers in Indian Sports**” ISSN: - 0976-6588, Volume 7, Issue II, 2016.

- Paper published in International Journal of Physical Education, Fitness and Sports “**A study on the Awareness of Physical Education among Teachers in relation to their Sex, Age and Types of School**” ISSN: - 2277-5447, Volume 4, No. 1, March 2015
- Paper published in Asian Academic Research Journal of Multi-Disciplinary “**Health assessment on quality of life in collegiate Sports Women and Non-Sports women**” ISSN: - 2319-2801. Volume 1, Issue no. 33, May 2015 online.
- Paper published in International Journal of Sports Science, Fitness & Leisure Industry “**To survey the students opinion towards physical education and sports programme**” vol.1, issue IV, ISSN: 2348-8921, April 2015
- Paper published in International Journal of Sports Science, Fitness & Leisure Industry “**Perception towards physical education: A study of school head’s perception towards physical education and sports**” vol.2, issue IV, ISSN: 2348-8921, September 2015.
- Paper published in AITEA International Journal of Education & Humanities “**A Comparative Study of Mental Toughness between Sports and Non Sportsmen**” Vol.No.4 (No.7), ISSN:- 2231-380X, October-March, 2014
- Paper published in Indian Journal of Physical Education and Sports Sciences “**Effect of twelve weeks of continuous aerobic training on self-esteem in college males**” ISSN: - 2320-7981. Volume 1 issue no. 1, 2013.
- Paper published in Indian Journal of Physical Education and Sports Sciences “**Effect of twelve weeks of continuous aerobic training on Maximal Oxygen Consumption (Vo2 max.) In college males**” ISSN: - 2320-7981. Volume 2 Issue no. 1, 2012

#### **Books Published/Chapter in Book**

- Published a book titled as “**A Text Book on Health & Physical education**”, ISBN: 978-93-5510-002-3.
- Published a book titled as “**Physical Education as Profession**”, ISBN: 978-93-84443-95-5
- Edited book “**Handbook of Sports Sociology**” ISBN 81-7524-557-3
- Edited book “**Kin Anthropometry in Physical Education and Sports**” ISBN 81-7524-560-3
- Written chapter no- 65 “**Education as Profession**” in book titled “**Global trends in Physical Education and Sports**” ISBN -81-7216334-1.

#### **Awards/Appreciations**

- Received **certificate of appreciation** from Maharaja Surajmal Institutions for successful organization of Genesis 2017.
- Received **certificate of appreciation** from Surajmal Memorial Education Society for successful organization of 18<sup>th</sup> Talent Development Camp in 2016.
- Received **certificate of appreciation** from Maharaja Surajmal Institutions of Technology for successful organization of International Conference on Artificial Intelligence and Applications.

**Memberships:** - All India teachers’ educators association

#### **Personal Qualities & Hobbies**

Confident, supportive, ambitious, hard worker, Motor sports, traveling & reading.

#### **Personal Details**

Name: - Dr. Vivek Solanki

Fathers Name: - Sh. V.P.Solanki

D.O.B. - 06/04/1981

Address: - WZ-33/a, Asalatpur, Janakpuri, New Delhi-110058.

#### **Declaration**

I hereby declare that all the information given is true to the best of my knowledge.

Vivek Solanki

**Dr. VIVEK SOLANKI**  
**PLACE: - NEW DELHI**